



LEARNING THROUGH FOOTBALL

OFF THE PITCH AND INTO THE CLASSROOM



Learn about the unique skills, qualities and abilities of various roles in and around football, e.g. referee, physio, warm-up coach sports psychologist, reporter etc.

Planning for choices and change HWB 20a



Learn about training regimes during tournaments. Anything particularly important before/after matches?

MESP Physical Wellbeing HWB 16a

Body systems and cells SCN - 12a



HEALTH AND WELLBEING



Do footballers' diets vary in the build-up to matchday? How important is an eating routine during tournament football?

Food and health - HW B -28a

Food and Textile - TCH -04c



Learn about common football injuries.

MESP Physical Wellbeing - HWB -15a

Body systems and cells SCN - 12a

